

# **Emergency Medical Services**

Primary Career Cluster:	Health Science
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Course Code(s):	5995
Prerequisite(s):	Emergency Preparedness (6151)
Credit:	1
Grade Level:	11-12
Graduation Requirements:	This course satisfies one of three credits required for an elective focus when taken in conjunction with other Health Science courses.
Programs of Study and Sequence:	This is the fourth course in <i>Emergency Services</i> and <i>Fire Management Services</i> programs of study.
Aligned Student Organization(s):	HOSA: <a href="http://www.tennesseehosa.org">http://www.tennesseehosa.org</a> Amanda Hodges, (615) 532-6270, <a href="mailto:Amanda.Hodges@tn.gov">Amanda.Hodges@tn.gov</a>
Coordinating Work-Based Learning:	Teachers are encouraged to use embedded WBL activities such as informational interviewing, job shadowing, and career mentoring. For information, visit <a href="http://tn.gov/education/cte/work">http://tn.gov/education/cte/work</a> based learning.shtml.
Available Student Industry Certifications:	Emergency Medical Responder (EMR), if teacher is an authorized EMS Instructor at the EMR level for EMR 60 hours of instruction; if not authorized, then the program must have an authorized instructor to coordinate with the local office of EMS and provide required training.*
Dual Credit or Dual Enrollment Opportunities:	There are dual credit/dual enrollment opportunities available for this course. Reach out to a local postsecondary institution to establish an articulation agreement.
Teacher Endorsement(s):	577, 720, 751
Required Teacher Certifications/Training:	If teachers are teaching this course as First Responder certification, then they must have 8 hours of training provided by Department of Education.
Teacher Resources:	http://www.tn.gov/education/cte/HealthScience.shtml

<sup>\*</sup>National Emergency Medical Services Educational Standards should be incorporated into instruction.

# **Course Description**

*Emergency Medical Services* is a capstone course designed to prepare students to pursue careers in the fields of emergency medicine. Upon completion of this course, proficient students will be able to:

identify careers and features of the EMS system; define the importance of workforce safety and wellness; maintain legal and ethical guidelines; correlate anatomy and physiology concepts to the patient with a medical or traumatic injury; and perform EMS skills with a high level of proficiency. If taught with an EMT instructor, students will be given the opportunity to sit for the National Emergency Medical Responder certification. In addition, students will continue to add artifacts to a portfolio, which they will continue to build throughout the program of study. Standards in this course are aligned with National Highway Traffic Safety Administration, National Emergency Medical Services Education Standards, and Tennessee State Standards in English Language Arts & Literacy in Technical Subjects.\*\*

Each standard presumes that the expected knowledge and behaviors are within the scope of practice for that EMS licensure level, as defined by the National EMS Scope of Practice Model. Each competency applies to patients of all ages, unless a specific age group is identified. The standards also presume there is a progression in practice from the Emergency Medical Responder level to the Paramedic level. The descriptors used to illustrate the increasing complexity of knowledge and behaviors through the progression of licensure levels originate, in part, from the National EMS Scope of Practice Model.

Note: If this course is taught for EMR certification, the program must be approved by the TN Department of Health, Office of Emergency Medical Services. **Students enrolled in this course must be 17 years old before the course concludes.** 

# **Program of Study Application**

This is the capstone course in the *Emergency Services* and the *Fire Management Services* programs of study. For more information on the benefits and requirements of implementing these programs in full, please visit the Health Science website at <a href="http://www.tn.gov/education/cte/HealthScience.shtml">http://www.tn.gov/education/cte/HealthScience.shtml</a> or the Law, Public Safety, Corrections and Security website at <a href="http://www.tn.gov/education/cte/LawPublicSafetyCorrectionsSecurity.shtml">http://www.tn.gov/education/cte/LawPublicSafetyCorrectionsSecurity.shtml</a>.

#### **Course Standards**

#### **EMS Systems and Operations**

- Compare and contrast the types of Emergency Medical Services (EMS) systems and operations, including ground, water, and air services. For each type of service, discuss how the public accesses EMS systems, the advantages and disadvantages, special considerations, and safety issues. Discuss the roles played by the state departments of EMS and the National Highway Traffic Safety Administration. (TN Reading 2, 4, 9; TN Writing 8; EMR-P, EMR-EM)
- 2) Research the history of mapping, geographic information systems (GIS), global positioning systems (GPS), remote sensing, and other geospatial technologies. Examine how these technologies have evolved in the area of EMS, concentrating on their recent migration towards online platforms, and evaluate their influence on present-day society, citing specific textual evidence from news articles and scholarly journals. (TN Reading 1, 2; TN Writing 2, 7)
- 3) Differentiate between the careers in various types of EMS. Research and document educational requirements as well as state and national guidelines governing practicing professionals (such as licensing, initial certifications, re-certifications, training, and compliance). Identify personal and

- physical characteristics required of an EMS professional in a career portfolio. (TN Reading 1, 2, 9; TN Writing 2, 7, 8, 9; EMR-P)
- 4) Using texts from EMS professional journals or websites, evaluate concepts of quality improvement to provide safe, high quality, and appropriate patient care and the impact of research on EMR care. Cite examples of research that have been incorporated into improving emergency care for patients and/or victims of accidents/injuries. (TN Reading 1, 2, 7, 9; TN Writing 2, 4, 8, 9; EMR-P, EMR-MT)
- 5) Outline the risks and responsibilities facing the emergency response team during ambulance operations. Address at minimum the following: apparatus and equipment readiness; pre-arrival considerations, especially for high-risk situations; scene safety of personnel and patient(s); traffic; 360 degree assessments; and how to leave a scene. (TN Reading 2, 3, 9; TN Writing 9; EMR-EM)
- 6) Review guidelines from the *Emergency Preparedness* course related to National Incident Management System (NIMS) compliance (at minimum, IS-700, IS-800, ICS-100), and provide support for the inclusion of such concepts in the EMS system. Develop a plan for handling multiple casualty incidents, including hazardous waste, Simple Triage and Rapid Treatment (START) Principles, resource management, and care of EMS personnel on-site. (TN Reading 1, 2, 3, 4, 9; TN Writing 4, 7, 8, 9; EMR-EM, EMR-PH)
- 7) Research and summarize the concepts surrounding vehicle extrication, including safe vehicle extrication, tools used, and patient considerations. Include in the summary common guidelines related to the following: roles of EMS; safety of staff, patients, and situation; vehicle stabilization; unique hazards; additional resources needed; and extrication considerations. (TN Reading 2, 3, 4; TN Writing 4, 9; EMR-EM)

#### **Safety and Wellness**

- 8) Develop a reference toolkit of physical, mental, and personal requirements for personnel in emergency and public safety services. Document what the "profile of proficiency" looks like for professionals in these fields—for example, what scores are needed on a physical, mental, or emotional fitness test, and what guidelines must be followed for personal disease/disorder control. (TN Reading 2, 9; TN Writing 2, 4, 6, 8, 9; EMR-P, EM-PH)
- 9) Investigate stress management procedures for professionals in the emergency response and public service sectors. Identify stressors and stress-inducing situations through interviews with professionals in the field. Collaborate with a team to identify techniques and strategies for managing and alleviating stress. Communicate recommendations in the form of a toolkit, brochure, or fact sheet to support the use of these strategies, citing evidence drawn from the investigation. (TN Reading 1, 2, 9; TN Writing 4, 6; EMR-P)
- 10) Compare and contrast in a digital or written artifact the difference in Standard Precautions, personal protective clothing, and personal protective equipment (PPE) in EMS from other healthcare settings. Outline response steps if exposed to hazardous or bloodborne pathogens. Demonstrate donning and doffing of all PPE and the care of soiled equipment or vehicles. (TN Reading 2, 3, 4; TN Writing 6, 9; EMR-P, EMR-PH)

- 11) Interpret scene management and safety standards and/or protocols by writing a scenario for each of the following situations: (a) traffic or highway incidents, (b) violent encounters, (c) crowds, (d) nature of illness or mechanisms of injury, (e) number of patients and/or victims, and (f) personnel injury prevention. Identify the appropriate responses from EMS professionals and any additional resources that would be involved. (TN Reading 1, 2, 3, 9; TN Writing 2, 9; EMR-P, EMR-EM)
- 12) Review National Incident Management System (NIMS) compliance courses from the *Emergency Preparedness* course, IS-700, IS-800, and ICS 100, in addition to completion of ICS 200 (Single Resources and Initial Action Incidents) and IS-5A (Introduction to Hazardous Materials). Role play scenarios that involve each of these situations and identify roles and responsibilities of the EMR and other team members. (TN Reading 2, 9, FEMA NIMS)

#### **EMS and Therapeutic Communications**

- 13) Identify situations and locate agencies an Emergency Medical Responder (EMR) would call for additional assistance upon arrival at a scene. Practice scenarios that would require the transfer of care of the patient, incorporating pertinent information such as the patient's condition, history of what happened, care given, etc. (TN Reading 3, 4, 9; TN Writing 9; EMR-P, EMR-MT)
- 14) Review the concepts of effective therapeutic communication. Examine interview techniques used during therapeutic communication and identify potential hazards of interviewing. (TN Reading 3, 9; EMR-P, EMT-LD)

#### **Legal/Ethical Guidelines**

- 15) Interpret the rules, guidelines, and legal ramifications related to incident documentation by EMS staff. Complete a pre-hospital care report utilizing appropriate medical terminology and the acronyms SAMPLE, DCAP-BTLS, and OPQRST. (TN Reading 3, 4, 5; TN Writing 4, 6, 8, 9; EMR-P, EMR-MT)
- 16) Summarize the Health Insurance Portability and Accountability Act (HIPAA). Explain characteristics of consent, confidentiality, advanced directives, living wills, durable power of attorney, and other legal directives governing medical treatment. Using domain-specific language and accurate definitions of legal concepts, explain how the content of these legal documents impacts patients' rights for all aspects of care. (TN Reading 1, 2, 4, 5, 6; EMR-P, EMR-MT)
- 17) Examine real-world situations that involve ethical dilemmas and the application of correct professional conduct as highlighted in recent news articles. Craft an argumentative essay making a claim about the importance of ethics and professional standards for persons working in Emergency Medical Services occupations. Cite examples from case studies to argue for the relevance of professional codes of conduct within scope of practice and how important it is to follow those guidelines. (TN Reading 2, 9; TN Writing 1, 4, 9; EMR-P, EMR-MT)
- 18) Research legal ramifications and responsibilities of the EMR associated with evidence preservation and mandatory reporting requirements within the EMS system. Identify the

process for reporting specific situations to the appropriate authorities, such as child abuse and/or crimes. (TN Reading 2, 9; TN Writing 4, 9; EMR-P, EMR-MT)

### Anatomy/Physiology/Pathophysiology

19) Outline the gross and cellular anatomy and physiology of the musculoskeletal, respiratory, and cardiovascular systems. Discuss acceptable levels of development, vital signs, and psychological norms for all ages, including pediatric and geriatric patients. Review the gross anatomy of the other systems studied in previous courses. (TN Reading 2; TN Writing 8, 9; TN A&P 1, 2, 3, 4; EMR-AP, EMR-PT, EMR-LD, EMT-MT)

## **Patient Assessment/Evaluation and Treatment**

- 20) Accurately perform the components of patient assessment to identify and manage immediate life threatening illnesses and injuries within the scope of practice of the EMR for pediatric, adult, and geriatric patients, utilizing rubrics from textbooks, National HOSA guidelines, or clinical standards of practice. Include the following areas:
  - a. Scene Size-up
  - b. Primary Survey or Assessment
  - c. History Taking
  - d. Secondary Assessment
  - e. Reassessment

(TN Reading 3, 4; EMR-A, EMR-MT, EMR-SP)

- 21) Identify and perform skills to manage life threatening illnesses based on assessment findings of a pediatric, adult, and geriatric patient with medical emergencies, utilizing rubrics from textbooks, National HOSA guidelines, or clinical standards of practice in the following areas:
  - a. Altered mental status
  - b. Seizures
  - c. Stroke
  - d. Gastrointestinal bleeding
  - e. Anaphylaxis
  - f. Infectious diseases
  - g. Diabetes
  - h. Psychological emergencies
  - i. Chest pain
  - j. Poisoning
  - k. Respiratory distress/Asthma
  - I. Vaginal bleeding
  - m. Nosebleeds

(TN Reading 3, 4; EMR-M, EMR-A, EMR-AW, EMR-AP, EMR-Phar, EMR-S, EMR-SP)

- 22) Use assessment information to recognize shock, respiratory failure or arrest, and cardiac arrest based on assessment findings. Demonstrate the ability to manage the situation while awaiting additional emergency response. (TN Reading 4, 9; TN Writing 4; EMR-S,EMR-AW, EMR-AP, EMR-PT)
- 23) Successfully perform American Red Cross or American Heart Association adult, child, and infant Basic Life Support (BLS) cardiopulmonary resuscitation (CPR) for Healthcare Providers or BLS for PreHospital Providers. (TN Reading 3, 4; EMR-M, EMR-T, EMR-AP, EMR-MT, EMR-S)EMR-SP)

- 24) Research and evaluate National Trauma Triage Protocol. Identify and perform skills to manage life threatening injuries based on assessment findings of a patient with trauma emergencies, utilizing rubrics from textbooks, National HOSA guidelines, or clinical standards of practice in the following areas:
  - a. Internal and external bleeding
  - b. Chest trauma such as sucking chest wound and impaled objects in chest
  - c. Abdominal trauma such eviscerations and impaled objects
  - d. Orthopedic trauma such as fractures, dislocations, amputations
  - e. Soft tissue trauma, burns, dressings, and bandages
  - f. Head, facial, neck and spine trauma such as head injuries, scalp injuries, and injuries to spine
  - g. Environmental emergencies such as submersion and exposure to heat and cold
  - h. Multi-system trauma

(TN Reading 3, 4; EMR-T, EMR-MT, EMR-S, EMR-AP, AMR-PT, EMR-SP)

- 25) Recognize and manage life threats based on simple assessment findings for a patient with special needs while awaiting additional emergency response. Utilize rubrics from textbooks, National HOSA guidelines, or clinical standards of practice for the following special patient populations and situations:
  - a. Vaginal bleeding in pregnant patients
  - b. Signs of labor and delivery
  - c. Steps if EMR needs to deliver
  - d. Initial care of neonates
  - e. Care of mother after delivery
  - f. Pediatric respiratory distress, seizures, and Sudden Infant Death Syndrome (SIDS)
  - g. Geriatric care
  - h. Child, elderly, and domestic partner abuse

(TN Reading 3, 4; EMR-SP, EMR-AP, EMR-A, EMR-LD, EMR-MT, EMR-S, EMR-M, EMR-T)

#### **Portfolio**

26) Compile and continually update a portfolio of artifacts completed in this course. If pursuing EMR certification or dual enrollment/dual credit hours, document hours spent on activities such as job shadowing or classroom contact with an articulated institution. Upon completion of the course, prepare the portfolio in a professional style to present to appropriate EMS audiences. (TN Reading 1, 2, 3, 4, 8, 9; TN Writing 2, 4, 5, 8, 9; EMR-P1, EMR-P)

#### The following artifacts will reside in the student's portfolio:

- Career Exploration portfolio
- Skills performance rubrics
- Documentation of job shadowing hours
- Classroom contact hours, if applicable
- Examples of written, oral, or digital presentations
- Short research project documents

# **Standards Alignment Notes**

\*References to other standards include:

- National Highway Traffic Safety Administration National Emergency Medical Services Education Standards for Emergency Medical Responders (EMR).
  - All standards are aligned to the <u>National EMS Educational Standards</u> and <u>EMR</u>
     <u>Instructional Guidelines</u> and approved by the Tennessee Department of Emergency Medical Services.
  - Key for alignment: P-Preparatory, AP-Anatomy and Physiology, MT-Medical terminology, PT-Pathophysiology, LD- Life Span Development, PH-Public Health, Pharm-Pharmacology, AW-Airway Management, Respirations and Artificial Ventilation, A-Assessment, M-Medicine, S-Shock and Resuscitation, T-Trauma, SP-Special Patient Populations, EM-EMS Operations
- TN Reading: <u>Tennessee State Standards for English Language Arts & Literacy in History/Social Studies, Science, and Technical Subjects</u>; Reading Standards for Literacy in Science and Technical Subjects 6-12; Grades 11-12 Students (page 62).
  - Note: While not directly aligned to one specific standard, students who are engaging in activities outlined above should be able to also demonstrate fluency in Standard 10 at the conclusion of the course.
- TN Writing: <u>Tennessee State Standards for English Language Arts & Literacy in History/Social Studies, Science, and Technical Subjects</u>; Writing Standards for Literacy in History/Social Studies, Science, and Technical Subjects 6-12; Grades 11-12 Students (pages 64-66).
  - Note: While not directly aligned to one specific standard, students who are engaging in activities outlined above should be able to also demonstrate fluency in Standards 3 and 10 at the conclusion of the course.
- P21: Partnership for 21st Century Skills Framework for 21st Century Learning
  - Note: While not all standards are specifically aligned, teachers will find the framework helpful for setting expectations for student behavior in their classroom and practicing specific career readiness skills.
- Federal Emergency Management Agency, <u>National Incident Management Systems</u> Emergency Management Institute curriculum